



EMPOWERING WOMEN
SINCE 1881

AAUW MAUI BRANCH

NEWSLETTER - January 2017



EMPOWERING WOMEN
SINCE 1881

AAUW = Advancing equity for women and girls. In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.



~ AAUW News & Information ~

AAUW NATIONAL BOOK OF THE MONTH CLUB - ¡ADELANTE!

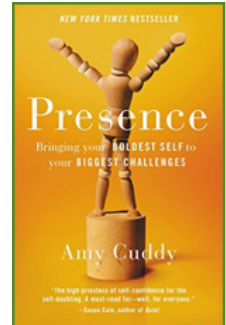
January is National Mentoring Month.

The January AAUW Book of the month is “Presence: Bringing Your Boldest Self to Your Biggest Challenges” by Amy Cuddy.

“Amy Cuddy has galvanized tens of millions of viewers around the world with her TED Talk about “power poses.” Now she presents the enthralling science underlying these and other fascinating body-mind effects and teaches us how to use simple techniques to liberate ourselves from fear in high-pressure moments, perform at our best, and connect with and empower others to do the same. As Cuddy’s book reveals, we don’t need to embark on a grand spiritual quest or complete an inner transformation. Instead, we need to nudge ourselves — moment by moment — by tweaking our body language, behavior, and mindset in our daily lives.”

If you are interested in reading books written from diverse perspectives, check out National AAUW’s ¡Adelante! Book of the Month Club on the AAUW website.

For a complete list of book titles for 2017, see: www.aauw.org/resource/adelante-book-list



AAUW SUPPORTS WOMEN’S MARCH ON WASHINGTON

The 58th Presidential Inauguration will take place in Washington, D.C. on January 20, 2017. On the following day, activists will rally across the country to send a vital message: **women’s rights are human rights**. At the national and state level, AAUW is giving support to the Women’s March and will have an official delegation right in front of the U.S. Capitol.

AAUW-HI is also planning a Women’s March on Oahu which would take place on Saturday, January 21st in downtown Honolulu. The following is a quote from the Honolulu “Women’s March on Washington” Supporting Group Application.

“In the spirit of democracy and honoring the champions of human rights, dignity and justice who have come before us, we join in diversity to show our presence in numbers too great to ignore. The Women’s March on Washington will send a bold message to our new administration on their first day in office, and to the world that women’s rights are human rights. We stand together, recognizing that defending the most marginalized among us is defending all of us.”



Co-Presidents' Message
Martha Dean & Janet Walker



Well, here we are in a New Year. We know that those of you who are really, really organized already have the following tasks done: saved ribbons are in a non-crushable place; saved wrapping paper, bags and collapsible boxes are all neatly folded; reusable and cherished decorations are back in their containers; the ugly sweaters, vests, hats and jewelry are returned to the back of the closet; the plastic tree is put away or the real dried up tree is out to be recycled; the toys that broke too soon have quietly disappeared; the leftover candy and cookies have been eaten; and just maybe by now the gift rejects have been exchanged for what you really wanted.

We hope everyone had a wonderful holiday season. It is truly a special time of year.

Our branch gives special thanks to Cheryl and Ron Bergman for hosting the Holiday Potluck. The group was small but mighty, the venue was cozy on a rainy day in Kihei and the food was yummy. Also a big thank you to those who donated gifts to the families at the Women Helping Women shelter.

Now we embark on a new year. How enjoyable it is to fill out a beautiful new 2017 calendar and start a new journal. Both are fresh opportunities to set new personal goals and to plan activities and events to share with family and friends. As you tidy up and reorganize for the new year please consider donating reusable items to WHW's Revive and Resale Boutique.

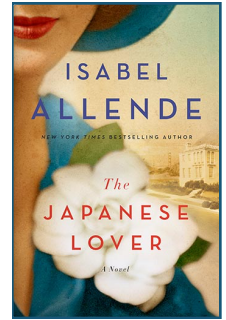
Because it has been quite a while since we have had a board meeting we feel the need to report and regroup. Our board meeting will be on Sunday, January 15th at Janet's home. All board members and committee members are urged to attend and all members are encouraged to join us. Some of the items that will be included on the agenda are: selection of a nominating committee and planning for elections, status of the audit committee, review of the revised bylaws, the budget, and our very important Whale Watch.

So let's "show up" and support the AAUW mission and our activities as we proceed through this new year of opportunity.

Martha and Janet



HAPPY NEW YEAR



BOOK CLUB

Date: **Saturday, January 7**

Time: **12:00 Noon** (Bring a bag lunch.)

Location: **Marilyn Lytle's condo**, 1032 S. Kihei Road, Maui Sunset Building A #508

RSVP: **(808) 868-0133**

Book: **"The Japanese Lover"** by Isabel Allende

Overview: *1939. As Poland falls under the shadow of the Nazis, Alma Belasco's parents send her to live with an aunt and uncle in San Francisco. There, as the rest of the world goes to war, she encounters Ichimei Fukuda, the quiet and gentle son of the family's Japanese gardener. A love affair begins to blossom.-- until the two are pulled apart following the Japanese attack on Pearl Harbor. Decades later Irina Bazili, a care worker, meets Alma's grandson, Seth, as he visits at a San Francisco nursing home. Intrigued by a series of mysterious gifts and letters sent to Alma, they eventually learn about Ichimei and a secret passion that has endured for nearly seventy years.*

LUNCH BUNCH

Date: **Tuesday, January 10**

Time: **12:00 Noon**

Location: **Pita Paradise** - 34 Wailea Gateway Place

Separate checks and FREE soft drinks!

Menu Preview: <http://www.pitaparadisehawaii.com/LunchMenu.html>

RSVP: **Sara Green** - alaskagal515@gmail.com - (907) 350-4700

Please include **"Lunch Bunch"** in the subject line.



HOSPICE MAUI MOVIE INVITATION - "Being Mortal"

Date: **Friday, January 13**

Time: **10:00 am - 12:00 noon**

Location: **Kaunoa Senior Center**, Spreckelsville



Join with Hospice Maui for a free screening and discussion of the PBS Frontline documentary "Being Mortal: Medicine and What Matters in the End." Based on the best-selling book by Dr. Atul Gawande, this film explores the hopes of patients and families facing life-limiting illness and their relationships with the doctors, nurses and family members who care for them.

AAUW MAUI BRANCH BOARD MEETING

Date: **Sunday, January 15**

Time: **1:00 - 3:00**

Location: **Janet Walker's Home** - 792 Kumulani Drive, Maui Meadows

All members are welcome to attend.



BOARD MEETING

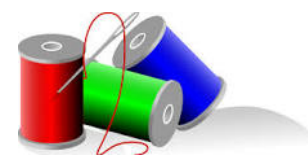
NEEDLEWORK (See next page for project information)

Date: **Tuesday, January 17**

Time: **1:00 - 3:00**

Location: **Cheryl Bergman's Home** - 47 Nohoana Place, Wailuku

RSVP: mauicheryl@gmail.com



NEEDLEWORK, continued:

Our project for NEEDLEWORK this month is how to make a **SMOCKED PILLOW!**
There will be some items you will need to purchase beforehand. Bring them to the meeting!

- * A smaller sized bath towel....approximately 42 in. x 21 in. or smaller, lightweight and flat, any color BUT nothing that has 3 dimensional ribbing, usually available at Sears, Walmart, Kmart... Do not wash the towel beforehand!
- * Coordinating heavy duty thread (like buttonhole or carpet)
- * heavy duty needle with a big "eye"
- * Thimble
- * Small scissors
- * Black magic marker
- * Bag of pillow fiber fill



YOU WILL LOVE THIS PROJECT AND I AM SURE YOU WILL MAKE MORE THAN ONE!
THESE ARE GREAT GIFTS! HOPE YOU HAD A MERRY CHRISTMAS AND HAPPY NEW YEAR!

SPEAKER MEETING

Date: Saturday, January 28

Time: Business Meeting: 10:30 a.m.

Speaker: **11:00 a.m.**

Lunch: **12 noon**



Location: Moose McGillicuddy's, 2511 So. Kihei Road, Kihei

Moose's is on the 2nd floor of the building, with Fred's beneath it. There is an easy access ramp in the rear parking lot, to the left of the building as you face it from the rear.

RSVP: Cathy Thompson cathyt808@gmail.com or call/text **(808) 268-1232**.

Please type Program Meeting in the Subject Line.

Please indicate your meal selection when you RSVP by noon on Wednesday, January 25.

Preview Menu: See attachment to email message.

Complimentary water, coffee & iced tea provided before lunch.

Topic: Title IX and UH Maui College

Speaker: Joyce Yamada, UHMC Title IX Deputy for Training, as well as UHMC Professional Development Coordinator and a UHMC Associate Professor

Biographical Information: Joyce Yamada, CDA, RDH, MS

Joyce Yamada, AAUW branch member, received her Bachelor's degree in Dental Hygiene at the University of Southern California and Master of Science degree from the University of Bridgeport. Joyce is the University of Hawai'i Maui College Professional Development Coordinator, Title IX Deputy for Training, and an Associate Professor.

In 2012, Joyce was awarded the Vocational Service Award by the Kihei Sunrise Rotary Club for her service to the community and honored by Maui Mayor Alan Arakawa with proclamations in 2013 and 2015 for her Baby Dental Packet Project and Keep Your Smile! dental informational packets for seniors. She is a Generation VIII Wo Learning Champion, Inaugural Wo Global Learning Champion, was awarded the Wo Endowment Community Building Award in 2011, and Francis Davis Excellence in Teaching Award in 2013. She is a recent graduate of the Hiilei Aloha (Ford Foundation) Native Hawaiian leadership course.



PLANNING AHEAD

February 25 - AAUW Speaker Meeting
 March 5 - AAUW Whale Watch Fundraiser
 March 25 - AAUW Speaker Meeting

AAUW WHALE WATCH FUNDRAISER

Date: **Sunday, March 5, 2017**
 Time: **3:00 - 6:00 pm**
 Location: **Ma'alaea Boat Harbor**
 Tickets: \$35
 Contact: **Rachel Miyoshi** rachelmiyoshi@gmail.com -
(206) 724-2322

The Whale Watch committee is down to 51 non-distributed tickets. Please get your tickets now, so you won't miss out!! We would like to get the tickets sold, so our four person committee can concentrate on door prizes and pupus.



**AAUW Whale Watch
 Scholarship Fundraiser
 Sunday March 5, 2017**



**Voyage on the
 Pacific Whale
 Foundation
 Ocean Odyssey
 3:00 pm - 5:00 pm***

**Complimentary Pupus!
 Door Prizes!
 No Host Bar!
 Tickets \$35.00**

For Tickets contact Pat
 868-0418 or
pagotschalk@gmail.com

**Check in at 2:30; Pacific Whale Foundation Maalaea Store*

Mahalo for Your Support!



AAUW Dates to Remember

- January 7 - Book Club
- January 10 - Lunch Bunch
- January 13 - "Being Mortal" Movie
- January 15 - Board Meeting
- January 17 - Needlework
- January 28 - AAUW Speaker Meeting



**JANUARY BIRTHDAYS
 HAPPY BIRTHDAY**

- January 16 - Pamela Kallner
- January 17 - Linda Haskins
- January 23 - Bonnie Banham
- January 28 - Jennifer Bohlin



**Please submit newsletter notices by January 20th to: SANDRA BOLL
 Communications Chairperson, AAUW Maui Branch
 Home: 808-879-7655 Cell: 808-205-6329 aauwmauibbranch@gmail.com**