

# AAUW MAUI BRANCH

## Advancing Equity for Women and Girls

### Branch News

#### Dates to Remember

##### Speaker Meeting

**Saturday, February 27**, online using Zoom. **Social time at 10:00 a.m., business meeting at 10:30 a.m., followed by a program at 11:00 a.m.** See page 3 of the newsletter.

##### Book Group

**Saturday, February 6, at noon**, online using Zoom. See page 4 of the newsletter.

##### Board Meeting

**Sunday, March 21, at 1:00 p.m.** via Zoom.

*Due to increased COVID restrictions on gatherings, Tastes and Talk and Lunch Bunch get-togethers are temporarily suspended.*



#### Maui Branch Joins Chocolate Fundraiser

Calling all chocolate lovers and those whose friends and family love chocolates! We are excited to announce that the Maui AAUW Chapter is partnering with Maui Ku'ia Estate Chocolate, Inc. (MKEC), Maui's first farm-to-bar chocolate factory and the largest chocolate factory in Hawai'i. The program, Chocolate Laulima, meaning "many hands working together", will give back 40% of all sales we generate to help fund our scholarship program.

The program offers several options: a 25-piece and 50-piece bag with either a 65% Dark Chocolate or 60% Dark Milk Chocolate option, or a new gift box offering of a 27-piece assortment (9 Maui mango, 9 Guava, and 9 Calamansi) in 60% cacao Dark Milk Chocolate. Shipping is only \$10 for orders of \$50 - \$100, with MKEC paying for shipping on orders over \$100.

You must order from the AAUW Maui Chapter webpage on the Maui Chocolates website to have 40% of your purchase go towards our scholarship fund. Go to <https://mauichocolate.com/collections/american-association-of-university-women> to order your chocolates today!

Submitted by Terry Rosenstock

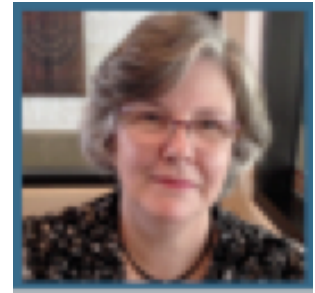


## President's Message

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Aloha,

Our virtual meetings have been successful and we've had time for socializing and business online. Our spring meetings will continue to be held on Zoom, and we will assess when it is safe to return to in-person meetings.



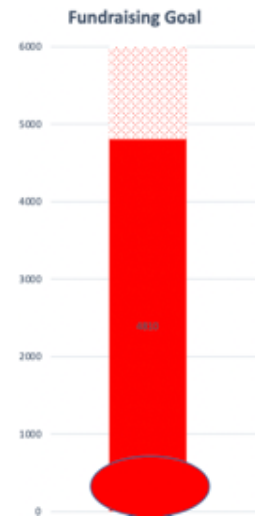
The Board met via Zoom on Sunday, January 17. The following is a summary:

- Martha Dean, Jean Keating and Bonnie King agreed to serve on the Nominating Committee, with Jean as Chair. They met, queried various members and the following slate was set with the nominees' approval. Other nominations are welcome, of yourself or others, but the nominee must agree to serve. The election will be held electronically in April. More details will be available in the March Newsletter. The current slate of nominees is:
  - **President** - Pat Gotschalk
  - **Vice President Programs** - Virginia Shaw
  - **Vice President Membership** - Debbie Priest
  - **Finance Officer** - Jan Moore
  - **Secretary** - Pamela Schultz
- Dorothy Tolliver announced that the Heritage Scholarship will be named for Ron Bergman, former member of the Maui Branch. Ron's memorial will be held on Saturday, March 20, at 1:00 p.m. in Buckeye, Arizona. Cheryl, his widow and former Branch member, is working on a virtual or videotaped ceremony. For details you may contact Cheryl at (623) 440-3157 or [mauicheryl@gmail.com](mailto:mauicheryl@gmail.com).
- There will be no AAUW state convention this year due to the pandemic. The election of state officers will be conducted online.

In other news, AAUW Maui is now "live" on the Maui Ku'ia Estate Chocolate Laulima site. So, you can order chocolates from Maui Ku'ia and our branch will get a portion of the proceeds. You must order from this link: <https://mauichocolate.com/collections/american-association-of-university-women>. Also we will be hosting a fun chocolate-related social event soon - stay tuned!

## President’s Report (continued)

UHMC has notified us that the ideal time for our scholarship gift is by March 15 for the students to receive the funds in the fall. We will be sponsoring three scholarships this year as usual - our fundraising has gone well even without the Whale Watch. We are short of our \$6,000 goal - so far we have raised \$4,810. If you haven’t donated yet, please consider doing so. You can mail your check to AAUW Maui Branch, PO Box 1352, Puunene HI 96784.



**With the new day comes new strength and new thoughts.**

**- Eleanor Roosevelt**

With aloha, Cathy

## Speaker Meeting February 27

The February Speaker Meeting will be held on **Saturday, February 27, via Zoom. There will be a social half-hour starting at 10 a.m., then the business meeting at 10:30 a.m. followed by our speaker.** The Zoom log-in information will be emailed to members by Communications Director Sandi Boll prior to the meeting.

Our speaker will be **Dr. Emily Loren, ND**. Dr. Loren is an avid Cross Fitter, surfer and stand up paddler and embraces preventive and regenerative medicine as part of her own self-care in preventing and treating injuries. Dr. Loren’s two passions in medicine are regenerative injection therapies and IV therapy. Dr. Loren has a decade of experience with IV therapy helping patients with a wide variety of conditions ranging from cancer, auto-immune disorders, mold toxicity, and Lyme disease as well as helping patients with anti-aging and general wellness. She has undergone extensive continuing education on the use of regenerative intravenous therapeutics. Dr. Loren is especially passionate about ozone therapies and is excited to offer this cutting edge treatment. Dr. Loren has also under gone extensive training in regenerative injections and has completed over 40 hours of training in the use of diagnostic musculoskeletal ultrasound and ultrasound-guided injections through MSK Masters, the AAOM and other ultrasound guided injection workshops. Prior to opening IV Therapy Maui, Dr. Loren owned a successful private practice where she specialized in treating chronic diseases such as Lyme Disease, mold toxicity and autoimmune.



## Book Group March 6

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The next AAUW Book Group meeting will be held on **Saturday, March 6, at noon, via Zoom. There is no February meeting.** Please RSVP to Dorothy Tolliver so you can be included in the Zoom Book Group meeting. Email Dorothy at [2425047@gmail.com](mailto:2425047@gmail.com).

The book for March is ***The Lost Art of Mixing: The School of Essential Ingredients*, by Erica Bauermeister.**

Lillian and her restaurant have a way of drawing people together. There's Al, the accountant who finds meaning in numbers; Chloe, a budding chef who hasn't learned to trust after heartbreak; Finnegan, quiet and steady as a tree, who can disappear into the background despite his massive height; Louise, Al's wife, whose anger simmers just below the boiling point; and Isabelle, whose memories are slowly slipping from her grasp. And there's Lillian herself, whose life has taken a turn she didn't expect... Their lives collide and mix with those around them, creating a family that is chosen, not given. A beautifully imagined novel about the ties that bind—and links that break—*The Lost Art of Mixing* is a captivating meditation on the power of love, food, and companionship.



The book for April is ***The Three-Year Swim Club: The Untold Story of Maui's Sugar Ditch Kids and Their Quest For Olympic Glory*, by Julie Checkoway.**

This is the tale of impoverished sugar plantation children on Maui who were challenged by an elementary teacher to swim literally and figuratively against the current of their circumstances and to become Olympic champions.

## Culture and Diversity

2021's **Chinese New Year of the Ox** is on Friday, February 12. Also called Spring Festival and Lunar New Year, celebrations can last up to 16 days. This year, it ends on February 26 with the Lantern Festival. Ordinarily, there would be parades with lion dances, cultural performances, and exhibits at Maui's shopping malls and Lahaina's Wo Hing Temple, now unlikely with pandemic restrictions. But it's still possible to celebrate with special foods, such as *yi mein*, long life noodles, *jai*, vegetarian monk's food, and *gau*, a sweet, sticky rice pudding. All three are seasonally available at Mike's Hong Kong Bistro in Wailuku. "Hawaii Eats Gau for Chinese New Year," Hawaii Magazine, <https://www.hawaiimagazine.com/hawaii-eats-gau-for-chinese-new-year/>.



For everything on taboos, myths, and what to wear on Chinese New Year to what to eat, how to decorate, and even how much to give in those little red envelopes, Google "Chinese New Year 2021 – Year of the Ox."

Local Koreans and Vietnamese will also celebrate **Lunar New Year** (or for Vietnamese "Tet Festival") on February 12, with their own traditions and foods. <https://www.vphawaii.org/annual-tet-festival/>; Google "Korean New Year" in Wikipedia.

How to give New Year greetings in Chinese: <https://www.chinahighlights.com/travelguide/special-report/chinese-new-year/happy-new-year-in-chinese.htm> "Happiness and prosperity!" Mandarin: Gong-sshee faa-tseye, Cantonese: Kunghei fatchoy/gong-hey faa-chwhy

February's **Black History Month** is highlighted with accounts of the unique experiences and contributions of African Americans in Hawaii. <https://www.khon2.com/hidden-history/black-history-month/black-history-in-hawaii-from-whaling-ships-to-royal-courts/>; <https://www.khon2.com/hidden-history/black-history-month/black-history-in-hawaii-visible-and-invisible-blackness/>; <https://www.khon2.com/hidden-history/black-history-month/the-popolo-project-building-a-space-to-ask-questions-and-challenge-ideas/>; <https://www.khon2.com/hidden-history/black-history-month/black-identity-in-hawaii-the-conflicting-experiences-of-being-black-and-local/>



## Cultural and Diversity, continued

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Over the last several decades, concerted efforts have been made to preserve the Hawaiian language, which was nearly extinct by the 1980s. In 2012, one such initiative to save this invaluable cultural resource was the official declaration of February as **Olelo Hawaii Month**. Its purpose is “to celebrate and encourage the use of the Hawaiian language”, including correct Hawaiian names, words, spelling, and punctuation. <https://www.oha.org/news/newsfebruary-%CA%BBolelo-hawai%CA%BBi-month/>

[Compiled by Estelle Chun]

## AAUW-Maui Branch Member in Prestigious Local Exhibition

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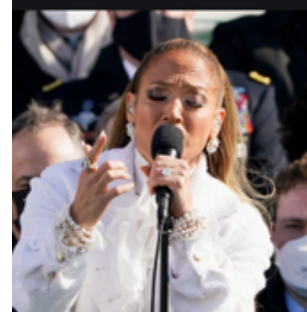
The Hui No‘eau Annual Juried Exhibition is a highly selective juried exhibition that showcases new work created by a talented community of artists. We are proud to announce that our branch Secretary, Pam Schulz, is one of the selectees for this art exhibit. Her piece, entitled *Emerging*, is created with fluid acrylic paint and acrylic ink on an 8” x 8” cradled clayboard.

Pam says, “Being a part of the show at the Hui is exciting. I did a series of paintings inspired by the native plant Moa. This one is titled “*Emerging*”. It represents how I feel trying to come out of the darkness of our current conditions in this world.”

The exhibition is open now to the public through February 18, on Tuesdays, Thursdays and Saturdays from 9:00 a.m to 4:00 p.m. There is a “People’s Choice Award,” so be sure to visit the gallery and show your support! Congratulations, Pam!

## Celebrating Women of the January 20, 2021 Inauguration

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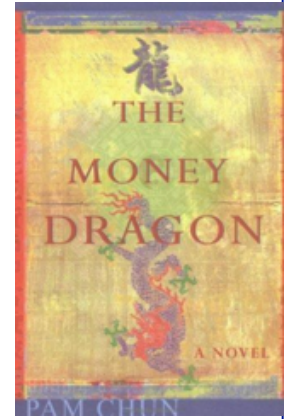
In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

**Et Cetera**

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Thank you to **Pam Chun, author of *The Money Dragon***, for gracing us with her presence at a joint meeting of the book clubs of AAUW Maui and UHMC. We learned much about the history of the Chinese in Hawai'i, particularly regarding the influence of her great grandfather, as well as her writing process.



**Happy Birthday**

- Elizabeth Rogers Feb 16
- Pat Gotschalk Feb 16
- Diane Riley Feb 18
- Janet Walker Feb 20

**Other Birthdays**

- Rosa Parks Feb 4
- Susan B. Anthony Feb 15

***AAUW Art Contest***

Every year national AAUW sponsors an art contest for members to make submissions that could end up on the AAUW notecards that we all receive. The 2021 entry period has closed. Voting opens on February 10 and will close on March 3. The six winning entries will be featured in a collection of notecards mailed to AAUW members in the spring. So, be sure to check <https://www.aauw.org/resources/member/initiatives/art-contest/> after February 10 and vote for your favorites!

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**Your newsletter editors are Pat Gotschalk and Barry Solomon. Questions, comments or suggestions for content may be sent to [pagotschalk@gmail.com](mailto:pagotschalk@gmail.com) or call 808-868-0418.**