

AAUW MAUI BRANCH

Advancing Equity for Women and Girls

Branch News

Dates to Remember

Speaker Meeting

Saturday, March 27, online using Zoom. **Social time at 10:00 a.m., business meeting at 10:30 a.m., followed by a program at 11:00 a.m.** See page 4 of the newsletter.

Book Group

Saturday, March 6, at noon, online using Zoom. See page 3 of the newsletter.

Tastes and Talk

Thursday, March 18, at 6:00 p.m. at **5 Palms** in Kihei. See page 4 of the newsletter.

Board Meeting

Sunday, March 21, at 1:00 p.m. via Zoom. See page 2 of the newsletter.



Annual Branch Elections on April 24

The Maui Branch Nominating Committee, consisting of Jean Keating, Martha Dean and Bonnie King, has put forward the following slate of nominees who have agreed to serve:

President	Pat Gotschalk
VP Programs	Virginia Shaw
VP Membership	Debbie Priest
Finance Officer	Jan Moore
Secretary	Pam Schulz

You can vote on Zoom at the April 24 Speaker Meeting. Or, anyone who wishes to vote by mail, email or telephone must send their votes to Jean Keating by April 22 (no later than two days before the April 24 meeting as required by our rules.)

This slate of candidates can be expanded. Any member in good standing in the Branch can self-nominate or nominate other candidates who have agreed to serve. **Pursuant to Branch rules, additional nominations should be sent to Jean Keating no later than 20 days prior to the April 24 election; therefore, Jean must have the additional nominations in hand by April 4.**

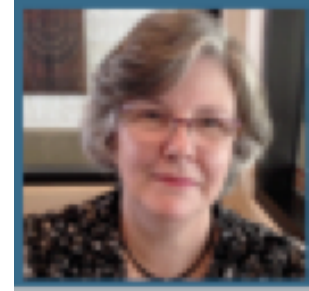
For additional information on nominating candidates and voting in the election, please contact Jean Keating at jkeating808@gmail.com or 808-280-9024.

Please keep in mind that there are many ways to become active in the Branch, like chairing or serving on a committee. For some opportunities, see page 7 of this newsletter.

President's Message

Aloha,

March is Women's History Month in the USA, established in 1987, when women's achievements and their contributions to culture, society, and history are celebrated. From those who came before us to the women of today, the fight for equality persists beyond AAUW.



International Women's Day, which is sponsored by the United Nations Women section, will be celebrated March 8. "UN Women is the [United Nations](#) entity dedicated to gender equality and the empowerment of women. A global champion for women and girls, UN Women was established to accelerate progress on meeting their needs worldwide." Their tenets:

- Women lead, participate in and benefit equally from governance systems
- Women have income security, decent work and economic autonomy
- All women and girls live a life free from all forms of violence
- Women and girls contribute to and have greater influence in building sustainable peace and resilience, and benefit equally from the prevention of natural disasters and conflicts and humanitarian action.

Let us join in their project this year – Check out the following websites and then take the Challenge! Let us know how you met the Challenge, and we will post some next month in the Newsletter!

- UN Women Website - <https://www.internationalwomensday.org/>
- Women Rising – March 6-8, 2021 <https://www.internationalwomensday.org/>
- Let's All Choose to Challenge - <https://www.internationalwomensday.com/theme>

A few announcements:

- Wow!! – We've almost reached our Scholarship Donation Goal !! Kudos! Check it out on page 6.
- Check out the election procedures on page 1 for our Annual Meeting in April.
- Our quarterly Board Meeting will be held on Zoom on Sunday, March 21, 2021, at 1:00 p.m. If you have anything for the agenda, please contact me. All members are invited to attend – contact me for the Zoom invitation.

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President's Report, continued

- The AAUW Hawaii State Board will meet on Zoom on Friday, March 12. The Election for State Officers will be held electronically in the near future. There will be no State Convention this year.
- Annual Membership Renewal Notices from National will be sent out in March for 2021-2022. More information will be sent out about that soon.
- On a sad but hopeful note, as some of you are aware, Debbie Priest, our Membership Vice President, could use some assistance right now. Her daughter, Kasey Priest, will be undergoing another brain surgery after suffering an AVM rupture on New Year's Day. They are incurring enormous medical bills, and a GoFundMe page has been started. You can access it at <https://gofund.me/93b699e8> if you would like to help out that way.

A hui hou,

Cathy

Book Group March 6

The next AAUW Book Group meeting will be held **on Saturday, March 6, at noon**, via Zoom. Please RSVP to Dorothy Tolliver so you can be included in the Zoom Book Group meeting. Email Dorothy at 2425047@gmail.com.



The book for March is *The Lost Art of Mixing: The School of Essential Ingredients*, by Erica Bauermeister.

Lillian and her restaurant have a way of drawing people together. There's Al, the accountant who finds meaning in numbers; Chloe, a budding chef who hasn't learned to trust after heartbreak; Finnegan, quiet and steady as a tree, who can disappear into the background despite his massive height; Louise, Al's wife, whose anger simmers just below the boiling point; and Isabelle, whose memories are slowly slipping from her grasp. And there's Lillian herself, whose life has taken a turn she didn't expect... Their lives collide and mix with those around them, creating a family that is chosen, not given. A beautifully imagined novel about the ties that bind—and links that break—*The Lost Art of Mixing* is a captivating meditation on the power of love, food, and companionship.

The book for April is *The Three-Year Swim Club: The Untold Story of Maui's Sugar Ditch Kids and Their Quest For Olympic Glory*, by Julie Checkoway. This is the tale of impoverished sugar plantation children on Maui who were challenged by an elementary teacher to swim literally and figuratively against the current of their circumstances and to become Olympic champions.

Speaker Meeting March 27

The March Speaker Meeting will be held on **Saturday, March 27, via Zoom. There will be a social half-hour starting at 10 a.m., then the business meeting at 10:30 a.m. followed by our speaker.** The Zoom log-in information will be emailed to members by Communications Director Sandi Boll prior to the meeting.

Our speaker will be **Alison K. Hoagland**, who will be “zooming in” from Washington, D.C. Professor Hoagland is the author of numerous books which explore community life in small industrial towns. She will give an illustrated presentation titled “The Boardinghouse Murders: Death and Life in a Michigan Mining Town, 1913.” The presentation will examine the life of a Croatian immigrant family in a copper-mining town near Lake Superior. During a strike, deputies shot and killed two miners in the family’s company house. The resulting publicity and documentation permit unusual insight into otherwise-ordinary lives. Professor Hoagland is a Professor Emerita, Michigan Technological University. She received degrees from Brown University and George Washington University and specializes in the history of American vernacular architecture.



Tastes and Talk March 18

Tastes and Talk will continue with conversation and great food on **Thursday, March 18, starting at 6:00 p.m. at the 5 Palms Restaurant** in Kihei. Please note that this event is subject to change depending on the Mayor’s COVID rules. We will be seated outdoors. Please RSVP to Heather Mueller as soon as possible, but no later than Monday, March 15 at 808-430-0120, or heathermaymueller@yahoo.com. The phone number for the restaurant is 808-879-7177.



You do not have to order in advance. Here is a link to the menu: <http://www.5palmsrestaurant.com/dinner/>.

Culture and Diversity

The **Honolulu Festival**, “Hawaii’s premier cultural event, promoting mutual understanding, economic cooperation and ethnic harmony between the people of Hawaii and the Pacific Rim region” was previously scheduled for March. However, due to the pandemic, the 27th Festival was cancelled. Instead, for the first time, on March 13, there will be a television broadcast with guests and likely past festival highlights with later re-airings. There will also be a “Honolulu Festival Theme Week” beginning March 8 that will be livestreamed on various channels. <https://www.honolulufestival.com>

Prince Kuhio Day on March 26 is a state holiday commemorating Hawaii’s elder statesman and heir to the throne of the Kingdom of Hawaii, https://en.wikipedia.org/wiki/Prince_Kuhio_Day



Girl’s Day or **Hinamatsuri**, a custom brought to the islands by Japanese immigrants, is celebrated on March 3 by Japanese and non-Japanese alike. Displays of doll collections and gift-giving are part of the celebrations.

<https://www.hawaiimagazine.com/celebrating-girls-day-in-hawaii/> <https://mauifamilymagazine.com/girls-day-in-hawaii/>

Nationally, March is **Greek-American Heritage Month**, https://en.wikipedia.org/wiki/Greek_Americans and **Irish-American Heritage Month**, https://en.wikipedia.org/wiki/Irish-American_Heritage_Month; the latter chosen to commemorate **St. Patrick’s Day** on March 17. To celebrate, here are some recipes to try: <https://www.thespruceeats.com/easy-greek-recipes-for-beginners-4118361> and <https://theviewfromgreatisland.com/traditional-irish-farmhouse-recipes/>.



Religious ethnic holidays in March include the Hindu festivals of **Maha Shivaratri**, <https://www.indiatoday.in/information/story/when-is-maha-shivaratri-in-2021-check-significant-details-1772407-2021-02-24> and **Holi**, <https://en.wikipedia.org/wiki/Holi>. Indian cuisine recipes to try: <https://www.delish.com/cooking/g1899/simply-indian-recipes/>

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Cultural and Diversity, continued

Jewish Passover begins at sunset on March 27 and ends at nightfall on April 4, <https://en.wikipedia.org/wiki/Passover>, and celebrated with dishes like the following: <https://www.bonappetit.com/test-kitchen/cooking-tips/slideshow/passover-recipes>.

Compiled by Estelle Chun



Fundraising Challenge and More

Exciting News! We now have a matching donation offer running until the end of March to help us meet our 2021 Scholarship Fundraising Goal. As of March 1, we are only \$600 from meeting our goal of \$6,000. Two of our members have offered to donate up to \$200 to match 50% of the donations that come in by the end of March. Any donation amount is appreciated. Please send your checks made payable to AAUW Maui Branch and mail to PO Box 1352, Pu'unene HI 96784

Been to our website lately, <https://maui-hi.aauw.net>? Our webmistress Marty-Jean Bender has posted information on our partnership with Maui Ku'ia Estate Chocolate and specifically our fundraising program, **Chocolate Laulima**, where 40% of the proceeds from sales of certain Maui Chocolate products come back to our chapter, as long as you purchase them on Maui Chocolate's AAUW Maui page: <https://mauichocolate.com/collections/american-association-of-university-women>. You can participate in this fundraiser by:

- **Purchasing some chocolates for yourselves, or friends and family who may be celebrating a birthday, anniversary or just need a chocolate fix.**
- **Send the link to friends and family so they can purchase for themselves or others.**
- **Schedule an in-person chocolate tasting (covid protocol followed) and purchase chocolates while there, letting them know you want the purchase to be part of the AAUW program. Their staff will let you know which of their products qualify for the fundraiser.**

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Fundraiser challenge, continued

Maui Chocolates packages and ships, with mailing costs covered, or partially covered for larger purchases going to the same address. Anyone ordering on-line for themselves, or someone here on island before March 15 can avoid shipping costs by selecting “pick it up at the factory” when checking out, then contact Jean Keating at jkeating808@gmail.com to request she pick up your order when she experiences her (2nd) tasting on March 17. You and she can then arrange for pick up from her.

Submitted by Terry Rosenstock

E ‘Olu‘olu e Kōkua

Help wanted! Please help!

Some members are ready to move on from their committee positions, after having served the Maui Branch well and faithfully. It would be great for some newer members to join in and use their skills. These positions are important but won't take much of your time. The seasoned veterans are here to help you get oriented.

Terry Rosenstock is ready, after three successful years, to hand the **Fundraising Chair** torch to the next member. She says “This has been a fairly easy and definitely fun position. I will work with you for as long as it takes to get you ready to take the helm.” Please contact Terry at terryrosenstock@gmail.com.

Mary-Jean Bender has done a wonderful job of getting the Maui Branch website up and running. However, she would like to turn this over to someone who is experienced in editing websites. For more information, please contact Marty-Jean at mjb@unforgettable.com.

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Et Cetera



Happy Birthday

Jan Moore March 4

Nai'a Newlight March 7

Karen Dorrance March 9

Suzanne Young March 16

Terry Rosenstock March 24

Other Birthdays

Elizabeth Barrett Browning March 6

Flannery O'Connor March 25

Nancy Pelosi March 26

February Speaker Provided Health Tips

Our February speaker, Dr. Emily Loren, ND, provided some great “immune optimization tips” at her February talk.

With regard to COVID, Dr. Loren recommended Vitamin D3; Zinc + an Ionophore such as Quercetin or Green Tea Extract; NAC (N-Acetyl Cysteine) and Magnesium Glycinate.

Her contact information is located at <https://www.ivtherapymaui.com/emily-loren>



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Your newsletter editors are Pat Gotschalk and Barry Solomon. Questions, comments or suggestions for content may be sent to pagotschalk@gmail.com or call 808-868-0418.