

AAUW MAUI BRANCH

Advancing Equity for Women and Girls

Skip Those Resolutions, Set Goals Instead

It's January 1, 2023, and time for the annual ritual of setting New Year's Resolutions. The tradition of New Year's Resolutions started over 4,000 years ago with the Babylonians. There are no statistics about how successful the Babylonians were in keeping their resolutions. However, in modern culture, New Year's Resolutions are often made, but statistics show that of those setting resolutions fewer than half are able to keep them after 6 months. Creating unrealistic expectations without accountability is the usual formula for failing to keep resolutions.

According to Pablo Picasso, "Our goals can only be reached through a vehicle of a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success." On a personal level, therefore, rather than vague resolutions, we should try to develop our own plan for realistic and measurable goals.

AAUW Maui will be reviewing and setting goals for our branch at our **January 15, AAUW Board Meeting**. Everyone is invited. Please come with your ideas so we can create a plan to achieve our (hopefully realistic and measurable) goals.

Dates To Remember:

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| <u>Taste and Talk</u> | Thursday, January 12, 6:00 p.m. (See p. 4) |
| <u>Book Group</u> | Saturday, January 14, 12:00 noon (See p. 4) |
| <u>Board Meeting</u> | Sunday, January 15, 1:00 p.m. (See p. 2) |
| <u>Lunch Bunch</u> | Wednesday, January 18, 11:30 a.m. (See p. 4) |
| <u>Speaker Meeting</u> | Saturday, January 28, 10:00 a.m. (See p. 3) |

President's Message - Pat Gotschalk

Aloha mai! Happy New Year!



We had a wonderful Holiday Party on December 11 at Marc Tolliver's salon, Loft 145, in Wailuku. The weather cooperated and we were able to meet some of our new members and reconnect with long time members. In keeping with the spirit of the holidays, our members donated more than \$500 in cash and gift cards to Women Helping Women. Photos of the party are on page 9 of the newsletter. We also received a lovely holiday card from Lui Hokoana, Chancellor of UH Maui College, wishing us "Aloha during this season of joy and renewal".

It's ironic that our lead article is about setting goals, because we set a goal of starting in-person Speaker Meetings in January 2023. However, we ran into a little problem with our venue. Due to staffing issues, Moose McGillycuddy's is not available in January. So, we will have a Zoom Speaker Meeting on January 28 and continue to work to find a venue for in-person meetings in February.

Our next Board Meeting is on Sunday, January 15, from 1 to 3 pm on Zoom. All members are invited to attend, particularly our newer members. We will circulate an agenda and the Zoom link in advance, but if there are any topics that you would like the Board to review please send me an email (pagotschalk@gmail.com) or give me a call (808-707-2001). Among other things, we will plan our showing of the documentary *Equal Means Equal* in collaboration with UH Maui College on a date to be determined in March, in observation of Equal Pay Day 2023.

Last year we organized a just-for-fun Whale Watch get-together in February as a substitute for Taste and Talk. This is not a fundraising event. The plan is to do this again this year. More information will be sent to members by email or in the February newsletter.

Best wishes for a happy, peaceful and productive New Year!

Aloha,
Pat

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.

Speaker Meeting – Donna Vida – Saturday, January 28th

Donna Marie Vida, B.A. is the author of the newly published book, *The Ho'oponopono Way of Life, A Model for Awakening and Embracing the Human Soul's True Identity*. She is a personal freedom life coach and workshop trainer with individuals, families, groups, and organizations since her retirement from The Maui Farm, Inc. over 10 years ago.



A strong advocate for teaching, “how to access” our human potential to heal and grow has led her to design and manage programs for children, youth, families, and elders that develop in us a resilient mind and open heart to allow for the “best in us to reveal itself, show up in the world, and pay it forward in life.”

After turning 65 she demonstrated her passion to continue to share and teach the ho'oponopono way of life that personally helped her heal from both lupus and cancer. She wrote this book during the pandemic in response to receiving more calls for help during a time when we were expected to isolate ourselves at home. Featuring relatable stories and lessons, the book is a “how to” manual for creating greater peace in oneself and the world. It offers a toolkit with transformational processes and exercises to affect healing, meaningful change and forward movement in life.

The Ho'oponopono Way of Life does not discriminate against any culture, gender, race or religion. It is founded on universal principles, natural laws that apply to all of us. It can be easily adapted to enhance any curriculum, program or services that value healing, growth, peace, unity and harmony for all – Ho'olokahi!

The Speaker Meeting will be held on January 28th via Zoom.

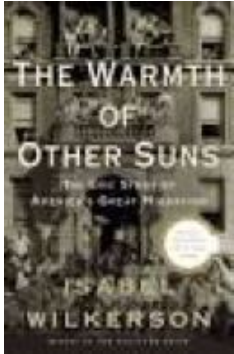
10:00 a.m. Social half hour

10:30 a.m. Business Meeting

11:00 a.m. Speaker

Book Group, Saturday, January 14th

The next AAUW Book Group meeting will be held on **Saturday, January 14, at noon, via Zoom**. Please RSVP to Dorothy Tolliver so you can be included in the Zoom Book Group meeting. Email Dorothy at 2425047@gmail.com.



The book for January is The Guncle by Steven Rowley.

For February the book choice is The Warmth of Other Suns: The Epic Story of America's Great Migration by Isabel Wilkerson. In this epic, beautifully written masterwork, Pulitzer Prize-winning author Isabel Wilkerson chronicles one of the great untold stories of American history: the decades-long migration of black citizens who fled the South for northern and western cities, in search of a better life. From 1914 to 1970, this exodus of almost six million people changed the face of America.

***New* Short Story Book Club** - Hosted by AAUW Member: Laura Shulman

This group will meet monthly on Zoom. It is open to the general public, not just to AAUW Maui members, so feel free to share this information.

At each meeting, we will read and discuss one story from *The Best American Short Stories 2021*, edited by Jesmyn Ward. A link to this book on Amazon is [here](#). Once the first group meeting is confirmed, please buy the paperback edition so that the group can easily refer to page numbers in the text. Before the class, Laura will send out some discussion questions to consider while reading. I use a method called Shared Inquiry, where we agree not to refer to any other work or personal experience, but base our interpretations on the text alone.

Please read the story twice so that you can support your opinions with evidence from the text and respond knowledgeably to other participants' ideas.

We will read the stories consecutively so that if you miss a month you will know which story to read for the following month. The stories are very stimulating; discussions will be lively; and sharing our ideas will make us a cohesive group. **We need a commitment of at least ten people to make the group discussions work.** The group will begin in February (date to be determined).

If you are interested or for additional information, please contact me at:

lauragshulman@gmail.com or 845-338-7970.

[submitted by Laura Shulman]

Lunch Bunch, Wednesday, January 18

January Lunch Bunch will be on **Wednesday, January 18** starting at 11:30 a.m. at **Kalei's Lunchbox** in the Maui Lani (Safeway) Shopping Center, 52 Maui Lani Pkwy, Wailuku. For the menu, [click here](#).



Please RSVP to Pat Gotschalk by Monday, January 16 at pagotschalk@gmail.com or 808-707-2001.

Taste and Talk, Thursday January 12

The January Taste and Talk will be at a new restaurant, **Fuego Argentinean Steakhouse**, located at the Maui Lani Golf Course in the former Dunes Cafe 'O Lei space which has been completely remodeled with additional outdoor seating. The extensive menu is found on their Facebook photo page [here](#).



The date is **Thursday, January 12**, at 6:00 p.m. Please RSVP to Heather Mueller at heathermaymueller@yahoo.com or 808-430-0120 by Monday, January 9th. *You must RSVP because the restaurant is already very popular, so we need to make a reservation.* Guests are welcome, just be sure to include them in your RSVP.

Great Decisions, Friday, January 27

The Great Decisions discussion will be on **Friday, January 27, at 1:00 p.m.** HST via Zoom. Please confirm attendance with Diane Pure by emailing dpure@hawaii.rr.com.

The topic is **THE FUTURE OF THE U.S. ECONOMY**. Our recent economy has often been described as “neoliberal”, which is a political approach that favors free-market capitalism, deregulation, and reduction in government spending vs. a more public/private centered future economy. However, neoliberalism has increasingly lost favor following the 2007-2008 financial crisis and current pandemic, and is being gradually replaced.

Note: *Great Decisions is not an official AAUW Maui Branch interest group but there is a substantial overlap of membership and common concerns.*

New Member Profile - Laura Shulman

I was raised in NJ, and lived there, except for my years in college, until my kids were in high school. Then I moved with my second husband to Woodstock, NY, where we lived for over 25 years. When I retired, we bought a condo in Sarasota, FL, where I live when I am not on Maui. I have two daughters, one in Maui and one in Cambridge, MA, each of whom has two teenagers.



Apart from my family, my most abiding love is literature. After college, I got a Ph.D. in English literature and taught for years at Rutgers University in NJ and for a short while at Hofstra University in NY. Then I became the academic dean at one of the undergraduate colleges at Rutgers.

Before moving to Woodstock, NY, I decided to get a law degree, and I practiced family law there, doing a lot of mediation. Here on Maui, I enjoy volunteering as a mediator with Maui Mediation Services, paddling, doing yoga and going to the beach. I look forward to facilitating a discussion group using an anthology of contemporary American short stories. I have taught seniors at lifetime learning institutions in NY and FL, and have enjoyed it immensely. *I hope you will join me!*

Congratulations to Charmaine Bissen

Maui branch member and lifelong learner Dr. Charmaine Bissen graduated with honors with an Associate of Arts in Hawaiian Studies, and in Liberal Arts, as well as a certificate in Mo'olelo from Windward Community College. Dr. Bissen was selected as the Student Speaker for the Fall 2021 Cohort of the Hawai'iloa Program graduation ceremony. She is a frequent contributing writer to the Maui Branch newsletter on topics of Hawaiian culture. Ho'omaika'i 'ana e Charmaine!



Queen Lili'uokalani Honored

by Dr. Charmaine Bissen, AAUW member

This article will briefly describe and honor the life of **Queen Lili'uokalani** (1838-1917) who was the last sovereign of the Kalākaua dynasty and Hawai'i. The month of January is often associated with Queen Lili'uokalani's legacy. Queen Lili'uokalani (birth name of Lydia Lili'u Loloku Walania Wewehi kamaka'eha) was born on September 2, 1838 in Honolulu to the Ali'i Analea Keohokālole and Chiefess Caesar Kapa'akea. The Princess was the hanai (adopted) daughter of High Chief and Chiefess Pāki and Konia.



At the age of four years old, the Princess attended the boarding school for royal children managed by Amos Starr Cooke. At age 10 years, the school was closed due to the measles epidemic that killed about 10,000 people. Nevertheless, the Princess continued her education with the missionaries. She toured the Western world which was customary for Hawaiian nobility. On September 16, 1862 the Princess married John Owen Dominis and then resided with her husband and his widowed mother at Washington Place.

In 1866, the Princess composed "He Mele Lāhui Hawai'i," the national anthem of Hawai'i for the next twenty years. In 1886, the Princess organized the Lili'uokalani Educational Society for impoverished Hawaiian girls that provided schooling. In 1887, the Crown Princess Lili'uokalani and Queen Kapiolani, King Kalākaua's wife attended Queen Victoria's Crown Jubilee in London and served as Hawai'i's representatives. They were received by President Cleveland and Queen Victoria.

In 1891, the Princess became Queen of Hawai'i. Lili'uokalani was given the name Lili'uokalani by her brother King Kalākaua. She became the first woman to rule Hawai'i. In 1892, she passed a Highways Act that declared existing trails, roads, and bridges, and future government built roads to be public highways.

In 1893, a group of foreign nationals and businessmen opposed her. She began the process to implement a new constitution to replace the Bayonet constitution that these businessmen had previously forced her predecessor, King Kalākaua to sign at gunpoint. The Bayonet Constitution minimized the powers of the monarchy and granted commercial privileges to the United States along with control over Pearl Harbor. On January 16, 1893, a group of insurgents with the military backing of the U.S. marines under the direction of U.S. Minister John Stevens staged a coup and illegally initiated an act of war that was condemned by President Cleveland. However, the United States did not restore the monarchy and Hawaiian government, but rather has occupied the Hawaiian Kingdom ever since.

[Continued on next page]

[Queen Lili‘uokalani Honored, continued]

In 1895, she was imprisoned in her own palace by the insurgents and backed by the U.S. military. During her house arrest, she composed more than 150 songs with hymns and ballads of American and European influence, and Hawaiian chants and prose including “Aloha ‘Oe” and the “Queen’s Prayer.” In 1898, the U.S. illegally annexed Hawai‘i without a Treaty of Annexation.

In 1909, the Queen established a trust for Hawaiian children in need and left her estate to Hawai‘i’s children. Sadly, Queen Liliuokalani was the first and last reigning female monarch of Hawai‘i. In 1917, the Queen suffered a stroke and died. **Queen Lili‘uokalani is best described as “Queen Lili‘uokalani lived a life of leadership, dedication, and service to the people of Hawai‘i. As a member of the Hawaiian royalty, she was loved and respected by her people. The Queen was an inspiring role model, and a model of hope and perseverance. Her legacy of love (aloha) is captured in her story, her music, and also in her special commitment to care for the needy Hawaiian children.”** (Judges (Ret.) Kaulukukui Jr. Yim, Asam, Trustees of the Lili‘uokalani Trust: 2013). **E onipa‘a kākou.** (Be steadfast). Recommended reading: Lili‘uokalani, (1990). *Hawaii’s Story by Hawai‘i’s Queen*. Mutual Publishing, Hon., Hawai‘i.

Public Policy Committee Reminder

We’d like to encourage a few more members to join our Maui Branch Public Policy Committee so we can make a stronger connection to the women of Maui. Alicia Hetman is planning to have some member gatherings in a variety of locations on Maui in early 2023. Please let her know if you’d be willing to offer your home for one of these gatherings. She is looking to open up a public policy dialog with our membership as we plan to move forward to creating a better and more equitable life for the women and girls of Maui and Hawaii. Anything you’d like to recommend to the AAUW HI Public Policy Committee for 2023, please send an email to Alicia Hetman at aliciahetman15@gmail.com.

The AAUW 2023 Priority Bills will be on the following topics: Reproductive Rights, Childcare, Equal Pay and Campus Safety.

Birthday Wishes for January “Hau’oli Lā Hānau”



**HAPPY BIRTHDAY
TO YOU!**

January 7 Patricia McCain

Holiday Party Pictures

More than 30 members and guests attended our December 11 Holiday Party. Great times, great food, great company.

Our gracious host, Marc Tolliver



Thanks for the photos, Doug!



January Dates to Remember

- 1 Sunday New Year's Day
- 10 Tuesday Lunch Bunch
- 14 Saturday Book Group
- 15 Sunday Board Meeting
- 16 Monday Martin Luther King Jr. Day
- 19 Thursday Taste and Talk
- 27 Friday International Holocaust Remembrance Day
- 28 Saturday Speaker Meeting

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<https://maui-hi.aauw.net/>

AAUW National Website:
<https://www.aauw.org/>